



Moses Brown School

Summer, 2020

Dear Parents,

I am extremely pleased to welcome your child/ren to the 2020 Moses Brown Summer Track & Field Camp, directed by Proactive, Inc. I am sure that you will find the program both interesting and fun. The coaches for the camp have a great background in coaching/participating in track and field camps and College events.

The daily schedule will be as follows:

8:45 - 9:00 Drop-off & Check-in at Alumni Avenue entrance to Field House by rear garage door
9:00 - 11:30 Skill Development/Events
11:30 Pick-up & Check out (Alumni Avenue entrance in Field House)

All athletes will need to dress appropriately for the weather. It is always advisable to have an extra top in your bag just in case it gets cold or rains. Most of the time, we are concerned about sunscreen, which should be applied at home and will need to be re-applied during the day. We are also concerned about dehydration, so all campers are required to bring water bottles. Water is the best for re-hydrating, and plenty of it! Campers must also provide their own peanut-free snacks. **These snacks need to be in sealable plastic containers.** The track will be inside this year due to construction, but we will get outside for many of the other events.

As for equipment, you must have sneakers and be appropriately dressed for participating in the variety of events. You may also wish to bring a cap with you.

I am confident that your child/ren are going to have a great time. Please do not hesitate to contact me at lpbj18@verizon.net (put Track and Field Camp in the subject box) should you have any questions. Please see the COVID health plan we have in place and feel free to ask any questions.

Please Continue Reading to Next Page

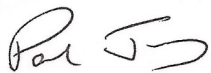
Proactive Track and Field 2020
COVID Health Plan

- We will set up a bench in the back of the field house for arrivals, making sure all children know where they are to stay until camp begins. We will take the paper consent form and a verbal consent as well. This will happen every day. Parents and children will be wearing face masks. This will be the same location for pickup.
- There will be a maximum of 14 children in each group with one coach and an assistant coach.
- With the size of the group, the children will be staying together throughout the morning, and will not interact with any other camps.
- They will have their own individual water bottle/personal belongings stations.
- When the children visit the bathrooms, they will go with their groups at certain times and they will not mix with other children.
- There will be water breaks and snack breaks. No sharing of food etc. as usual practice.
- Face masks do not have to be worn while participating in any activity. This could be more problematic with breathing. Students will be participating individually and/or in distanced teams.
- Children will be packed up and ready to be picked up by parent/guardian by 11:30am

Equipment Care:

- All equipment will be sanitized at the end of each day as well as between uses.
- Sanitizer will be available but hand washing in the bathrooms will be strongly encouraged.
- All guidelines will be adhered to and adjusted, as necessary.

Yours in sport,



Paul Janaway
Director. Track & Field Camp